An ongoing priority at Pittwater High School has been to increase student engagement in the classroom and to raise the bar in expectations of students’ learning outcomes. To this end the school has continued to participate in the Instructional Practice Inventory project to measure levels of student engagement. Last week our teams of observers for the third time did over 270 snap shot visits throughout the day. From this data it was noted that the level of student engagement compared to last year has significantly increased with students engaging with more challenging higher order thinking tasks and a much lower occurrence of student disengagement. As previously, our students displayed high levels of courteous and respectful behaviour including listening to the teacher when instructions are being given and getting on with their work. It was very gratifying to see this data as teachers have been working very hard to develop teaching resources and learning strategies in order to increase student engagement and to raise the bar in expectations of students learning outcomes. As a school we will continue to focus on student engagement through curriculum differentiation so that all students are challenged to achieve their personal best. We will build into our teaching programs strategies to assist students with learning difficulties, and enrichment work that extends capable and ambitious students.

One area that you as parents can assist your child’s level of engagement is by supporting us promote the importance of literacy skills. Both sustained reading and writing are critical for students to maximise their potential and both should be part of a student directed study plan at home. Additional reading at home for a minimum of 30 minutes per day, whether on topics being studied or for personal interest, will increase their knowledge, deep understanding and comprehension, all of which are important if they are to achieve their best at school. It is through reading that vocabulary, grammar and writing skills are also developed. In relation to writing, parents can further assist by ensuring that your child does not simply cut and paste information for a research assignment, but rather thinks about what they have read, summarise information and reconstruct in their own words, they will develop sound writing skills. Also students need to ensure that ‘any old thing’ will not do – but rather the writing task planned, drafted and carefully edited to ensure a quality end product. Attention to detail such as sentence structure, paragraphing and vocabulary are just as important as the development of an idea in writing. With these skills developed and worked on at home as well as school, students will ensure success at school including external testing such as NAPLAN and the HSC. Also they will find an increase in their connection and engagement with the learning process and great self satisfaction.
This term is moving quickly, and is certainly very busy. All students should be well prepared for learning in every class, and planning their time to ensure that tasks are worked on regularly rather than being left to the last minute. This allows an opportunity for teacher feedback and to improve the quality of their tasks.

Parent/Student and Teacher interviews start this week with Year 11 and 12 on Monday night. Parents should have received an email with information about how to access the online booking schedule for Pittwater High School. There are two further evenings for Years 7-10. Year 7 Interim reports will be emailed home to parents and students (on the DEC email address) at the end of March. We have also been talking to some Year 11 and 12 students about their application and effort in their senior studies.

Year 10 students have completed a self-reflection in preparation for the Learning Goal Interviews we are running this week. These individual interviews assist our Year 10 students to set some ‘SMART’ goals for their learning this year, as they begin the transition into the senior school.

We have outlined the various e-learning and communication strategies here at PHS to support all parents and students understanding of all that is available.

Renee Andrews & Rachel Fleming

E - learning & communication at Pittwater High School

**e-Learning** is the use of technology to enable students to learn **anytime** and **anywhere**. It can be a very rich learning experience that is self-paced and can include text, video, audio, animation and virtual environments. At Pittwater HS we are committed to using technology to enhance teaching and learning, communication as well as student organisation.

**DEC email**

Every student enrolled at PHS has a Department of Education and Communities student portal account. This account contains access to their emails. Students use the link below to access their account. If students don’t know their login details please contact Ms Ferguson in the school library. For help with forgotten passwords please ask any of your classroom teachers to help you reset it.

**Student Portal** – to access school emails go to [http://student.det.nsw.edu.au](http://student.det.nsw.edu.au)

It is essential that students access this account on a regular basis (at least twice a week) as it is the main way in which year advisers, teachers and deputy principals communicate about a range of important information about their ‘workplace’, our school.

**My E diary**

Invitations for Myediary have been sent to all parent’s emails. Students have also received invitations to their **school email address**. Students can log their own homework and tasks. Teachers are starting to use the ediciary to upload homework, so log in and see what’s happening for different classes. A mobile friendly version of the ediciary will appear on your phone when you sign in to the Myediary website at [https://pittwaterhigh.myediary.com.au/](https://pittwaterhigh.myediary.com.au/).

Videos to help you set up and use Myediary and put an icon on an ipad have been uploaded to the Pittwater High School website.
Peninsular Community of Schools Virtual Learning Centre (Moodle)

Students can access this Learning Management System (LMS) from home and school using a login that they have been given. Teachers use this LMS at times to upload content and tasks and create online tests and it is also used to conduct forums where students can share ideas and discuss tasks with their peers.

**Clickview**

Clickview is an educational video platform that we have invested in as a school. Online access to our Clickview library means that every student can access video easily at home for research, homework and assignments, and teachers ‘flip the classroom’ asking students to view video content at home and then have quality discussions in class. All students have been emailed information to their DEC account about how to access Clickview online. If they are having difficulty accessing this resource please see Ms. Ferguson in the school library.

**Printing at school**

Colour and black and white printing is available for all students at school. We use a printing management system and students access printing by buying a Papercut card with a code from the Library for $2.00. This account can be topped up as the balance reduces each time they print.

**Academic software downloads**


**Students must use their@education.nsw.gov.au student email address** to register on their first visit. This software is only available to download onto personally owned devices.

**Communication**

Our school regularly employs a range of communication strategies. The school newsletter is emailed every fortnight. It is also uploaded to the school website at http://www.pittwater.hs.nsw.edu.au/.

The school calendar is available on the website. Reports are emailed home to parents and students during the year.
Can parents please let the front office know if you have changed your phone numbers both home and mobile please let the front office know.

If parents are taking breaks during school time could they also please let the front office know so that the rolls can be adjusted accordingly. Ms Ferris needs to approve leave during school times and then work will go home with students to be done whilst absent from school.

The P&C AGM and next P&C meeting will be held on Wednesday, March 26, 2014 at 7.30 pm in A Block (Administration) on the 1st Floor in the Teacher Common Room.

The AGM will precede the P&C meeting and all positions on the P&C are open for nomination. This includes the President, two Vice Presidents, Treasurer, Secretary and subcommittee positions. If you would like to nominate yourself or someone else to one of the above positions please email me the details. Only financial members can vote at the meeting.

Following the AGM the first P&C meeting for the year will be held. All parents are welcome to attend.

The P&C are volunteers working on your behalf to address your priority issues in conjunction with the school for the best outcomes for our children. Come along to the next meeting and provide your input on Wednesday, March 26 at 7.30 pm upstairs in A Block.

Michael Kotow, Secretary
Mobile: 0418 660 527; Email: kotowm@live.com.au
On 14 March, the accelerated Yr 9 Aboriginal Studies class joined with the Yr 11 Studies of Religion class to learn about the ancient history, culture and spirituality of Australia.

The students travelled out to West Head and were shown around significant Guringai sites in the area. They started at the Basin, where they met two Aboriginal men, Dave Lardner and Eddie Goodall, and Dave Smith from Gibberagong Environmental Education Centre. The students were painted with ochre in keeping with the spiritual practices of the Aboriginal people. They were then taken to closely examine some Aboriginal engravings.

The group then moved onto a picnic area where they were taught about bush food and had an opportunity to try wattle seed, lemon myrtle, lilly pilly jam and cured kangaroo meat amongst many other things. While some students might not have been so sure about what they were eating at first, they agreed at the end that it was pretty amazing that there was so much food to be found in the local bush!

After walking around the picnic area learning about Aboriginal uses for the local plants, the group moved to the ‘Red Hands Cave’, another significant Aboriginal site in the area. Following a brief discussion here, the afternoon was finished with a short bushwalk out to the amazing views at West Head Lookout.

We could not have asked for a better day. The weather was perfect and we were so fortunate to have had the opportunity to be taught about our local area and local people by such knowledgeable people as Dave S, Dave L and Eddie. Thanks to the students and support staff for such a fantastic day!

“We learnt all about the significance of sacred sites and how Aboriginal people used the environment to their advantage. We were taken by surprise when ochre was painted on our foreheads to protect us from evil spirits. While exploring the sites and tracing engravings we learnt about the stories and culture behind them. After recess, we got to taste test native bush tucker. It was amusing watching people blindly taste and guess what they were eating.” -- Hayley and Charlotte, Yr 11.

Ms Katherine McLean—Classroom Teacher
GURINGAI SPIRITUALITY AND CULTURE EXCURSION TO WEST HEAD (CONT)

Engravings at The Basin

Tasting Lemon Myrtle

ANZAC biscuits made especially for Dave

West Head Lookout

Listening to Dave S discuss bush food

Getting ready to try the ‘mountain pepper’

Listening to Dave L at Red Hands Cave
Last Friday, March 14, the newly elected Student Representative Council met for a Leadership Development Day. The council members were chosen for their leadership qualities and their positive contributions to the school community. Each member of the council will carry the responsibility of creating positive change in the school environment and leading their peers in the school.

During the Leadership Day, the council members participated in team building activities and developed their leadership skills. They created an agenda for the year, consisting of events they will be running. The first event will be Harmony Day, which will occur shortly.

The students were outstanding throughout the day, working seamlessly with each other to nominate leadership positions within the council. Thank you to all of the SRC for working well throughout the day and all of the staff who assisted to make the day possible.

Miss Peruzzi and Mrs Griffin - SRC Coordinators

Congratulations to the following students who secured official positions within the Student Representative Council:

Chair people: Ian E and Lucinda M
Secretaries: Jerome C and Lucie L
Timekeepers/Counters: Shaun S and Sam S

Year representatives:
Year 7: Glenn S, Alec J, Alesa M, Kirra S, Zane R, Bonnie H
Year 9: Belle C, Noah C, Alec F, Jordyn H, Sam S, Callum H

Other members of the SRC include:
PHS finished 2\textsuperscript{nd} to Manly Selective High again in the overall point score. However, there were plenty of outstanding performances, particularly amongst the boys, and Jasen Winny, who incredibly won every individual event in his age group.

**Zone Age Champions**

**Christian G** 13 years Boys  
**Jasen W** 14 years Boys

**Individual Results**

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kai VK</td>
<td>12 years Boys</td>
<td>100m Breaststroke</td>
<td>1st</td>
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<tr>
<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
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<td></td>
<td></td>
<td>100m Backstroke</td>
<td>1st</td>
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<tr>
<td></td>
<td></td>
<td>50m Freestyle</td>
<td>1st</td>
</tr>
<tr>
<td>Jessica D</td>
<td>12 years Girls</td>
<td>100m Freestyle</td>
<td>2nd</td>
</tr>
<tr>
<td>Flynn R</td>
<td>13 years Boys</td>
<td>200m Breaststroke</td>
<td>1st</td>
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</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christian G</td>
<td>13 years Boys</td>
<td>200m Freestyle</td>
<td>1st</td>
</tr>
<tr>
<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
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<td></td>
<td></td>
<td>100m Backstroke</td>
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<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
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<td></td>
<td></td>
<td>200m Individual Medley</td>
<td>1st</td>
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<tr>
<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
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<td></td>
<td></td>
<td>100m Backstroke</td>
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<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
</tr>
<tr>
<td>Levi K</td>
<td>13 years Boys</td>
<td>200m Freestyle</td>
<td>1st</td>
</tr>
<tr>
<td></td>
<td></td>
<td>100m Backstroke</td>
<td>1st</td>
</tr>
<tr>
<td>Jasen W</td>
<td>14 years Boys</td>
<td>200m Freestyle</td>
<td>1st</td>
</tr>
<tr>
<td></td>
<td></td>
<td>12-14 years Boys 200m Individual Medley</td>
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<tr>
<td></td>
<td></td>
<td>100m Freestyle</td>
<td>1st</td>
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<td>100m Backstroke</td>
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<td>100m Freestyle</td>
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<td></td>
<td>100m Backstroke</td>
<td>1st</td>
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<td>Lily C</td>
<td>14 years Girls</td>
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<td></td>
<td>100m Butterfly</td>
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<td>Isabella C</td>
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<td>Liam D</td>
<td>15 years Boys</td>
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</tr>
<tr>
<td>Harry H</td>
<td>16 years Boys</td>
<td>100m Breaststroke</td>
<td>2nd</td>
</tr>
<tr>
<td>Tyler A</td>
<td>17 years &amp; Over Boys</td>
<td>200m Freestyle</td>
<td>2nd</td>
</tr>
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**Relay Results**

<table>
<thead>
<tr>
<th>Relay Type</th>
<th>Age Range</th>
<th>Winners</th>
</tr>
</thead>
<tbody>
<tr>
<td>12yrs Boys Relay</td>
<td></td>
<td>Kai VK, Jarrah S, Michael D, Ethan G</td>
</tr>
<tr>
<td>14yrs Boys Relay</td>
<td></td>
<td>Jasen W, Kelly N, Matt S, Cale T</td>
</tr>
<tr>
<td>15yrs Boys Relay</td>
<td></td>
<td>Liam D, Ned S, Damian E, Joe A</td>
</tr>
<tr>
<td>16yrs Boys Relay</td>
<td></td>
<td>Harry H, Caelan L, Nick S, Harrison D</td>
</tr>
<tr>
<td>All Age Boys Relay</td>
<td></td>
<td>Kai VK, Christian G, Jasen W, Liam D, Harry H, Tyler A</td>
</tr>
<tr>
<td>Boys Medley Relay</td>
<td></td>
<td>Jasen W, Liam D, Tyler Adam, Jack L</td>
</tr>
<tr>
<td>12yrs Girls Relay</td>
<td></td>
<td>Sharon N, Jessica D, Alisa Van D K, Kira S</td>
</tr>
<tr>
<td>13yrs Girls Relay</td>
<td></td>
<td>Jasmin C, Ellena H, Jasmine L, Sidney NoNbs</td>
</tr>
</tbody>
</table>
Rugby League
The very talented Tom T of year 12 has recently debuted in the Manly Holden Cup competition as the starting fullback. This is an outstanding achievement considering it is a national Under 20 competition and Tom is only 17 until November. His debut was against Melbourne Storm at Brooky oval and Tom scored a try in his team’s convincing win.

Clinton Mhas also impressed by starting on the wing for the Manly SG Ball Under 18 team, although he is only 17 this year. He also is a tremendous athlete.

Hobe
Harry Hand Travis T placed 20th in Youth Division of Hobe 16 World Championships in Huskisson, Jervis Bay in February.

A PHS student at the January NSW Sprint Kayak Champs - winning 3 K1 distances: 1000m; 500m and 200m in the U14 age group

OPEN BOYS TENNIS - STAN JONES TROPHY

Big congratulations to the PHS Open Boys Tennis team, consisting of Lochie M (Year 12), Jamie H (Year 12), Nathan M (Year 10) and Junto Q (Year 10) who were victorious against a depleted Cromer High School team last week.

PHS ran out winners, taking all eight sets in the doubles and singles:

6–0, 6–2, 6–0, 6–1, 6–0, 6–0, 6–1.

These four Pittwater boys (plus reserve player Riley P from Year 8) represented the school proudly with good sportsmanship and a mature attitude. They all had a great time and were complimented by the on their mature approach to the competition.

Congratulations to the team and here’s looking forward to next round of competition!

Coach Gleeson
MOCK TRIAL 2014

Each year Pittwater High School participates in the NSW Mock Trial Competition. The competition is open to Preliminary Legal Studies students. It gives these students a chance to extend on their Legal Studies knowledge and debate legal cases in front of a magistrate. Their first case is a civil case of negligence. We are representing the Plaintiff in this case arguing that he should receive damages after being attacked by the dog of the defendant.

The 2014 team consists of:

Barristers: Paul S, Callum B, Chloe P and Georgia B
Witnesses: Max W, Kate B and Josey C
Instructing solicitors: Kate A and Sam G
Magistrates Clerk and Court Officer: Kurt B and Kathryn P

Each of these students has been chosen due to their understanding of the legal system and their ability to think on their feet. The students have an ability to speak convincingly in accordance with the law and persuade others of their argument. They are working very hard to prepare for this trial. You are welcome to come and support these students by watching the trial. The first trial will be held on Wednesday 19 March in the staff common room at 5pm against the German International School. All parents and students are invited to attend.

Miss Peruzzi – Classroom Teacher

CAREERS

Tax File Number (TFN) Applications: The first batch of Tax File Numbers is about to be processed for the year. I will do a batch in the middle of each term. It is much easier for students to apply for a TFN through school and everyone needs one sooner than later!

Year 12  Students in years 10, 11 and 12 interested in medicine, dentistry, or optometry will need to sit the compulsory UMAT (examination) when applying for one of the above career choices. NIE will be conducting their final UMAT preparation workshop on 24 May 2014. Places for this event are strictly limited and registration is required. All details are available via www.nie.edu.au. Anyone interested in a career in a medical field needs to register for the UMAT exam, see me for further details.

Year 11  If you are unable to attend TAFE for any reason, you must inform me.

Year 10  Careers lessons this term during English lessons, (roughly once a fortnight). We are discussing Work Experience and investigating interests and talents as indicators of possible work choices.

For more general careers information, look at our Careers website by checking out www.careersworks.com, (the password was emailed earlier to students and parents but please email me if you don't have it). I would love some feedback on the above websites; please email me on jocelyn.bates@det.nsw.edu.au

Years 10, 11 and 12 Students: Please log onto “My High School Careers” website. PHS subscribes to this website which advertises current careers events. To log in: use “parent” or “student” then password “14cairns”. You can also register for email alerts! The “Calendar” is great info!

Jocelyn Bates, Careers Teacher
International Women’s Day

2014

‘Inspiring Change’

Year 7 Girl’s Morning Tea

Year 7 girls enjoyed a special morning tea to celebrate International Women’s Day. First started in 1911, International Women’s Day encourages women’s advancement everywhere and in every way.

At our Year 7 Girl’s morning tea we celebrated with yummy food, a fun atmosphere and an inspirational speech by Year 11 student Darienne Ansiewicz. Here is an extract from her speech:

“We only have to go back little over a century and women in Australia and most of the western world had little equality with men. For example, women were not allowed to vote, women had very limited career opportunities and were not entitled to equal pay. Our society stereotyped men as the family bread winners – and a woman’s place was regarded as being “in the home”.

Women had no access to birth control or family planning and have little or no rights in family law or protection from domestic violence and abuse.

Although women’s equality has come a long way since then, there are still many areas we girls can act. For example, women even today are generally paid less than men and retire with little superannuation. If we look at things like media sports coverage as an example the men still receive the lions share of attention, while women’s sporting matches are generally covered outside prime time viewing hours.

In countries like Afghanistan, things are a whole lot worse for women. There are women who have no rights for education, the freedom to dress as they please, the right to go out with boys – let alone choose their husband.

I guess for this reason, the theme of this years International Women’s Day is inspiring change.

Everyone can be an advocate for inspiring change – even here at Pittwater High.

We are lucky enough to live in a community where we as students, have equal opportunities. If it weren’t for the many years of fighting for rights, we would not be able to do the things we take for granted such as going to school, choosing our clothing and doing things such as joining surf clubs. Looking at how far we have come, it goes to show how powerful and important we are. We are champions.

No matter what you excel in, I encourage you all to strive in achieving your best.

By having a positive, supportive network around me, I have been able to reach my goals and overcome obstacles that have stood in front of me.

If I can leave you with any advice, I would say to take every opportunity with both hands, and to support each other. Whether it is support in decision-making or assessments, encouragement in joining a sporting team or seeking help and listening to each other when you are happy or sad, every little thing counts.”

Darienne Ansiewicz, Year 11 Pittwater High School.
The HSIE faculty is buzzing this semester and I am very impressed with the quality of teaching and the level of student engagement.

The team is

- Sharon Behringer - teaching Modern History, Legal Studies and junior History
- Elinor Gorman - teaching Ancient History, History Extension and junior History
- Alyce Peruzzi - teaching Studies of Religion, Ancient History and junior History
- Katherine McLean - teaching Society and Culture, Studies of Religion, Aboriginal Studies and junior History
- Stephen Kovaks - teaching Modern History, Society and Culture and junior History and Geography
- Ben Davidson - teaching Economics, Legal Studies and junior Geography
- Andrew Cornish - teaching Business Studies and junior Geography
- David Saunders - currently on leave and his replacement is currently teaching Business Studies and junior Geography

Our focus this semester is on student organisation and literacy. All students in Year 12 have presented their HSC notes to me to check for the completion of all syllabus requirements and the integration of sheets into their notes. Although students may have grumbled about this they found the task to be valuable and feel confident about facing the challenges of exams ahead. I will be checking Year 11 this week. Students are required to use loose leaf sheets, rather than books and to date note only their written work, but sheets as well. All students in the junior school should have an A4 exercise book for both History and Geography.

Literacy is always our focus in HSIE. We are currently working on both narrative and persuasive writing in the junior school. ALARM, a learning and response matrix, is being used across HSIE, but particularly in the senior school. This program was developed by Max Woods from Freshwater Senior Campus and it has achieved remarkable results in moving students from Band 4 to 5 and from Band 5 to 6. We were fortunate to have Max visit the school last weeks to teach staff new to the school the principles of ALARM.

I am very pleased with the progress with planning programs and assessment tasks for the Australian curriculum in History. We trialled The Holocaust with Year 9 at the end of last year and this year’s Year 9 students have created wonderful work on the Industrial Revolution. In Year 7 students have the opportunity to study a broader context of History from The Big Bang and the movement of people Out of Africa to Ancient societies.

Sharon Behringer - HT HSIE

**SOCIETY AND CULTURE PERSONAL INTEREST PROJECT**

**Excursion – State Library of NSW**

Earlier this month, The HSC Society and Culture class visited the State Library of NSW to view award-winning Personal Interest Projects (PIPs) from previous candidates of the course.

Students were given a specialised overview of the facilities and how to conduct effective academic research for all of their HSC subjects.

Each student then had the opportunity to read and reflect on PIPs that have received High Distinctions in order to find the elements needed to convert their own projects into academic undertakings of a high standard.

Students were guided by myself as well as friendly and professional library staff. All agreed that they each gained an vital information and guidance for their own PIPs.

The class represented the school in an outstandingly mature manner and could have been mistaken for university undergraduates!

Stephen Kovacs—Classroom Teacher
HSIE (CONT)

Samples of HSIE student work
Congratulations to Max W and Zoe M (Year 11) who have been elected as PHS Drama Captains for 2014. This role will help facilitate productions and will promote the Performing Arts around the school.

In other Drama related news, congratulations to Jemima S, Alex F and Nina G from Year 9 who have been accepted to the Northern & Western Sydney Drama Camp for 2014. They will join Year 10 students Angus M, Ella M, Tom B and Yasmin A at the camp which aims to nurture the talents of aspiring young actors.

Congratulations to all these talented students.
Firstly I would like to thank the great group of students who helped on Open Night. They were happy, hardworking and helped to show just why Agriculture is such an important part of Pittwater High. I would particularly like to thank “The Bee Team” (Christian, Remi and Joel) who helped me rob the hives the week before and then extracted, bottled and sold our beautiful honey during Open Night.

The beginning of the show season is just around the corner and our animals are being cleaned and trained for the big event. Castle Hill is the first show and it is also the first time we have shown poultry, sheep and cattle at one show!

The cattle have been leased from a stud in Londonderry and have really been a hit at Pittwater. Each morning the students collect them from their night yards and they walk across the oval over to the paddock at the front of the school. In the afternoon they are collected and returned. I have been impressed by our students showing responsibility regarding these duties.

We have created a Show Team this year and have had regular, weekly meetings for the 20+ members. This Sunday many of the members will spend their day washing and training the animals at school in readiness for the show.

We have also been enjoying our sow and piglets this term. The sow has now gone to the sales but the twelve piglets are still keeping us amused and providing a great learning tool as we attempt to find out the “feed conversion ratio” for these animals. Year 10 have been carrying out all the care required for the pigs and in general have done a very good job. As with the other animals they are on a roster to provide food, clean water and a clean environment.
I watch the sunset, a blushing pink beneath the soft encircling clouds. Its fragile light stretches shyly out across the surface of the sea, reflecting a bright light, like a thousand shattered fragments of glass.

It's these moments I love. The distinctive scent of the sea, the wind teasing my hair, the heavy rush of adrenalin as our boat barricades its way through the oncoming tide. As I lean off the rail slightly I can see the mixture of pale blue and forest green of sea churning beneath me.

It is only then that I notice the red, staining the ocean like ink upon paper. It’s dark in comparison, like a shadow. A deep, burning red that could only be one thing. Blood.

A yell from the front of the deck cuts me off from my tangle of thoughts. More voices pick up, tones of dread littering the atmosphere. I pull away from the edge and stumble toward them, the volume strengthening as I draw nearer. As I reach them I can hear one of the crew members, Jay, pointing out towards something in the water.

“What happened?” I ask, hesitant to know the answer but as I gaze out across the scene I already know. There, struggling beneath a ripple of blood, is an animal, its whole body encased in a thick net, its ropes cutting into its flesh as it frantically shifts and lashes, trying to find an escape.

“It’s a shark”, Jay replies, a look of shock carved into his face as he too soaks in the situation.

Anger flares inside me, a spark catching fire. I could not believe how this animal was being treated. It didn't deserve this, no one did. Fuelled by my new rage, all sensibility washed away as I plunged off the boat and into the icy froth below. Bubbles foamed around creating a protective shell of armour. I could hear the warning calls above me but they were distant like a disconnecting radio. I ignored it all.

Everything seemed to be shifting slowly underwater. Every movement seemed hesitant, every pull of the current feeble. Around me time seemed to stop. The eerie silence pressed in, suffocating as I felt the pressure of air in me build up. My focus was frantically grazing around me, like a school of trapped fish. I searched for the shadow of red.

Then I saw it. The shark once a furious storm now looked vulnerable and weak. Reaching the cords of the net that spindled around it like a spider web, I reached for my pocket knife and began to break the ties binding the shark down. Some instinct in me knew that once the creature was free it would not hurt me.

When the encasing net finally broke apart and sunk dreamily down, I was not surprised when the shark, slightly shocked from the strong release, moved hesitantly as if it was expecting rope to press into its sides. Once it realised the rope was gone its gaze flickered to me before glancing around and surging through the current, out of sight. Away from this place.

It was in that moment, deep in the middle of the ocean that I was overcome with a strong wave of protectiveness for these creatures. I knew that I wanted to do everything and anything to try and save them from this type of treatment. I would be the voice they never had.
MARCH 2014 — Pittwater High School Instrumental Music Program

MUSIC NEWS Term 1 Week 8

PERFORMANCE & MEETING DATES

<table>
<thead>
<tr>
<th>TERM 1—REHEARSALS/MEETINGS</th>
<th>DAY</th>
<th>TIME/PLACE</th>
<th>ENSEMBLES</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 April 2013—an evening with Primary Schools</td>
<td>Monday</td>
<td>7pm School Hall</td>
<td>Concert and Symphonic only</td>
</tr>
</tbody>
</table>

7 April 2013 Concert with Primary Schools: We will be holding a canteen in the hall for this concert. Please let Sheridan Femia know if you are able to assist at all.

The Pittwater Food and Wine Fair is being held on Sunday 4 May this year at Winererremy Bay and in the past years the Music Ensemble parents have organised the parking at the school grounds. We will be doing this again for a $5 donation. The money raised will go towards a stage jack that is for the good of the school, but primarily good for the music events. Could anyone interested in volunteering please let me (Joanne) know via email. (Joanne@thevastydeep.com). I have received only one response so far ...

Ensemble Photographs: You may notice there are some glossy new posters up in the frame outside the School Hall. If there is a photograph of your son/daughter that is in there and you do not have a copy but would like one, let me know and I will email it to you. Tell me which poster it is in, (horizontal or vertical), and which row and column.

NSW Arts Unit: Please note that applications are now open for the NSW Arts Unit’s Senior and Junior State Wind Bands, as well as State Band Camp. For State Wind Band applications, go to: https://www.artsunit.nsw.edu.au/music/music-ensembles/state-wind-bands. Applications close 11 April, so don’t delay!

CONTACTS:
Secretary: Joanne Gwatkin-Williams: joanne@thevastydeep.com or 0437 408 801
Treasurer: Rick Elliot: icycold@outlook.com or 0400 461 941
Uniform: Geri Bergstein: geribergstein@hotmail.com or 0407 602 795
Canteen: Kim Jefferys: kimjefferys@optusnet.com.au or 0422 002 519
Ensemble parents:
Concert: Elizabeth Gardner elizgard@tpg.com.au or 0414 704 812
Symphonic: Anne Connors bmcycles@bigpond.com or 0415 255 498
Strings: Grace marshall grace.marshall@iiof.com.au or 0408 811 066
Junior Stage: Julie Rodgers jl.rogers@bigpond.com or 0438 635 048
Senior Stage: Allison Meadows meadows2@iinet.net.au or 0412 564 674
Orchestra: Caroline Cady cascade@outlook.com or 0425221 582
Band Captains: Patricia Gwatkin-Higson and Yannick Barford
# PITWATER HIGH SCHOOL UNIFORM SHOP ORDER FORM

**DATE** ____________  
Order Taken By (Internal Use): ____________  
**STUDENT’S NAME** ____________  
**ROLL CALL:** ____________  
**CONTACT PHONE NO’s (Home):** ____________  
(Parent Mobile) ____________

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<thead>
<tr>
<th>Item</th>
<th>Sizes</th>
<th>Price</th>
<th>Size</th>
<th>Qty</th>
<th>Total Price</th>
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<tr>
<td>GIRLS</td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>Junior Tartan Tunic – Summer</td>
<td>6-22</td>
<td>69</td>
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<tr>
<td>Junior Tartan Skirt – Summer</td>
<td>6-22</td>
<td>40</td>
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<tr>
<td>Junior Tartan Skirt – all year round</td>
<td>4-18</td>
<td>60</td>
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<tr>
<td>Junior Blue Short-Sleeved, Pintucked Blouse</td>
<td>10-22</td>
<td>27</td>
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<tr>
<td>Junior &amp; Senior Long Black Pants – Winter</td>
<td>4-16</td>
<td>20</td>
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<tr>
<td>Senior White Short-Sleeved Blouse with Maroon Piping, PHS Embroidered</td>
<td>8-22</td>
<td>30</td>
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<tr>
<td>Senior Grey, Front Pleated Skirt – Summer and Winter</td>
<td>8-22</td>
<td>60</td>
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<tr>
<td>BOYS*</td>
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<tr>
<td>Junior Maroon Polo Shirts with PHS Emblem</td>
<td>10-26</td>
<td>30</td>
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<tr>
<td>Junior &amp; Senior Grey Surf Style Shorts</td>
<td>XXS-5XL</td>
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<tr>
<td>Junior Midford Grey Elastic Waist Shorts</td>
<td>12-18</td>
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<tr>
<td>Senior White Collar Short-Sleeved Button Shirt</td>
<td>16-26</td>
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<td>Senior Maroon School Tie with PHS Embroidery</td>
<td>16-26</td>
<td>25</td>
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<td>UNISEX</td>
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<tr>
<td>Maroon Fleecy Zippered (Hoodie) with PHS Embroidery</td>
<td>XXS-XXL</td>
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<td>Junior Maroon Sweatshirt (Sloppy Joe) PHS Embroidery</td>
<td>12-22</td>
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<td>Junior Grey Woollen &quot;V&quot; Neck Jumper</td>
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<tr>
<td>Senior Maroon Woollen &quot;V&quot; Neck Jumper with PHS Emblem</td>
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<td>Senior Maroon School Blazer with PHS Emblem</td>
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<td>SPORTS UNIFORM UNISEX</td>
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<tr>
<td>Maroon Microfibre Shorts PHS Logo</td>
<td>XS-XXL</td>
<td>35</td>
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<tr>
<td>Maroon Knit Short PHS Logo</td>
<td>12-16</td>
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<tr>
<td>White Polo Shirt with PHS Emblem</td>
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<tr>
<td>Navy Microfibre Tracksuit Pants</td>
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<tr>
<td>Navy Microfibre Tracksuit Zip Up Top with PHS Emblem</td>
<td>12-XL</td>
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<tr>
<td>PHS Maroon Rugby Shorts</td>
<td>XS-XL</td>
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<tr>
<td>Maroon and White Long Rugby Socks</td>
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<td>OTHER</td>
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<tr>
<td>Scientific Calculators</td>
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<td>Portable USB 2GB</td>
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<td>Black Winter Stockings – Girls</td>
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<tr>
<td>Year 7 book pack (inc. scientific calculator)</td>
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<td>Navy Apron</td>
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<tr>
<td>Year 8 book pack</td>
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</tbody>
</table>

**TOTAL AMOUNT TO PAY**

**NAME OF CARDHOLDER:** ____________ (exactly as shown on card)

Card No: ____________________________  
Expiry: _______/______ CCV No: _______  
Total Amount $ ____________

Signature: ____________  Date: ____________

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1. EFTPOS facilities available - 1% surcharge on credit card purchases.
2. Cheques are to be made payable to "Pittwater High School Uniform Shop" and have a 5 day clearance hold on items purchased.
3. All orders must be accompanied with payment and put in an envelope, clearly marked “Uniform Order”, and placed in the Red Box in A Block or given to a supervisor in the canteen. Collect uniforms during opening times.
4. A selection of second hand uniforms are available for purchase at reduced prices.
5. The Uniform Shop is open every Tuesday and Thursday from 8.15am to 11.15am, and located at the far end of the Canteen – enquiries 9979 6968 or contact the Uniform Shop manager Kim Gobbe.
Thursday 20 March
for all Year 7, Year 9 boys and any Year 8
who did not complete the program last year
are involved.
Having breakfast on vaccination day is
highly recommended.
Mona Vale Library
Chess Club

Come along to the launch of our new chess club for both young and old.

Beginners and more experienced players welcome; particularly seniors who may be interested in sharing their expertise.

Venue: Pelican Room - Mona Vale Library
1 Park Street Mona Vale

Time: 4pm to 6pm
Date: Thursday 20 March 2014
Cost: FREE
Afternoon tea provided

Bookings: Essential call Mona Vale Library on 9970 1600

More info: Please call Rebeca or Shauna.